



Fruit and vegetable specialists

aziz@lemonandlimes.co.uk
www.lemonandlimes.co.uk

88 Turnham Green Terrace
 London W4 1QN
 0208 9959077

243 West End Lane
 London NW6 1XN
 02074439799

Product Name	Units
AVOCADO	
Hass Avocado	
Green Avocado	
Organic Hass Avocado	
Large Green Avocado	
MANGO	
Venezuelan Mango	
Alphonso Mango	
Honey Mango	
Ivory Coast Mango	
Baby Mango	
Brazilian mango	
Indian Mango	
Papaya	
Papaya	
Green Papaya	
Baby Papaya	
Pineapple	
Baby Pineapple	
DATES	
Fresh dates	
Medjoul dates	
Organic Medjoul Dates	



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PUMPKIN	
Honey Pumpkin	
Organic Honey Pumpkin	
SQUASH	
Kabosha Squash	
Organic Kabosha squash	
Pattipan Squash	
Butternut Squash	
Organic Butternut Squash	
Spaghetti Squash	
Chayote (Chow Chow)	
GINGER	
Ginger	
Organic Ginger	
Organic Turmeric	
Galangal	
Horseradish	
Eddoe	
GARLIC	
Chinese Garlic	
Solo Garlic 250g	
French Garlic	
Spanish Garlic	
Fresh Garlic	
Garlic leaves	
Organic Garlic	
Smoked Garlic	
Black Garlic	
Purple Garlic	
ARTICHOKE	
Artichoke 245g	
French Artichoke	



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Bunch Artichoke	
Jerusalem Artichoke	
Baby Artichoke	
Organic Artichoke	
LEEK	
Leek	
Organic Leek	
FRESH HERBS	
Coriander Bunch	
Flat parsley Bunch	
Curley Parsley	
Mint Bunch	
Dill Bunch	
Basil 50g	
Tarragon 50g	
Thyme 50g	
Lemon Thyme 50g	
Chives 50g	
Sage 50g	
Chervil 50g	
Marjoram 50g	
Oregano 50g	
Bay Leaves 50g	
Rosemary 50g	
Curry Leaves	
Lime Leaves	
Thai Basil	
Samphire 100g	
Lemon grass	
Pea shoots	
CORN	
Baby Corn 85g	
Fresh Corn	



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Iranian melon	
Turkish melon	
Watermelon	
Canary Melon	
Yellow watermelon	
Seedless watermelon	
PEAR	
Conference pear	
Chinese pear	
William pear	
Comice pear	
Turkish pear	
Red pear	
Quince	
Organic conference	
Organic William pear	
BANANA	
Organic banana	
Baby banana	
Banana	
Green banana	
Plantain	
LOOSE NUTS	
Almonds	
Pistachio	
Energy mix	
Raisin mix	
Hazel nuts	
Monkey nuts	
Pecan nuts	
Spicy nuts	
Walnut kernels	
Whole walnuts	



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Cashew nuts	
Whole cooked chestnut 400g	
APPLES	
Red chief	
Bramley(cooking apple)	
Royal gala	
Granny smith	
Pink lady	
Russet	
Cox	
Golden delicious	
Braeburn	
Organic granny smith	
Organic Royal gala	
Organic Braeburn	
ORANGES	
Large organic	
Juicing orange	
Blood orange	
Grape Fruit Pink	
Organic Grape fruit	
Pomelo	
Organic orange	
Small orange	
Clementine	
Satsuma	
Tangerines	
Organic clementine	
Clementine box	
Nadorcott	
DRIED FRUITS	
Banana chips	
Dried peaches	
Dried pineapple	
Gem lettuce 315ge	



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Iceberg lettuce	
Oak leaf lettuce 250g	
Organic gem lettuce 205g	
Organic cos lettuce 350g	
Dried Organic mango	
Dried cranberry	
Dried apple rings	
Dried Apricot	
Sundried Organic apricot	
Sultana	
Prunes	
Dried figs	
TAMARIND	
Tamarind 350g	
GRAPES	
Red seedless grapes	
Red seeded grapes	
Black seeded grapes	
Black seedless grapes	
White seedless grapes	
Organic Grapes	
Muscat Grapes	
Sultana Grapes	
Strawberry grapes	
Cucumber	
Long cucumber	
Organic long cucumber	
Mini cucumber	
Organic mini cucumber	
Organic ridged cucumber	
Baby cucumber	
Crook cucumber	
Tiger tomato	



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Mix heritage tomato	
TOMATO	
Vine tomato	
Organic vine tomato	
Beef tomato	
Plum tomato	
Cherry tomato	
Plum cherry tomato	
Kumato tomato	
Cour de Boeuf tomato	
Sanmarzano tomato	
Yellow cherry tomato	
Pre-pack cherry tomato 500g	
Pre-pack orange cherry tomato 500g	
Pre-pack mixed cherty tomato 500g	
Green tomato	
Yellow tomato	
Orange tomato	
Mix cherry heritage tomato	
Organic cherry tomato on the vine	
RHUBARB	
English rhubarb	
French rhubarb	
Organic rhubarb	
LEMONS	
lemon	
Organic lemon	
Lime	
limequat	
Leaf lemon	
Organic lime	
Sweet lemon	
Leaf lemon	
ORANGES	



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Large orange	
Juicing orange	
Blood orange	
Grape fruit pink	
Grape fruit white	
Organic grape fruit	
pomelo	
Organic orange	
Small orange	
clementine	
Satsuma	
tangerines	
Organic clementine	
clementine	
Nadorcott	
DRIED FRUITS	
Banana chips	
Dried peaches	
Dried pineapple	
Dried organic mango	
Dried cranberry	
Dried apple rings	
Dried apricot	
Sundried organic apricot	
sultanas	
Prunes	
Dried figs	
TAMARIND	
GRAPES	
Red seedless grapes	
Red seeded grapes	
Black seeded grapes	
Black seedless grapes	
White seedless grapes	



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Organic Grapes	
Muscat grapes	
Sultana grapes	
Strawberry grapes	
PLUMS	
Green plum	
Black plum	
Red plum	
Yellow plum	
Organic plum	
Damson plum	
Victoria plum	
President plum	
Green gage	
ONIONS	
Brown onion	
Spanish onion	
White onion	
Red onion	
Banana shallot	
Round shallot	
Organic red onion	
Organic brown onion	
Spring onion	
Organic spring onion	
KIWI	
Kiwi	
Golden Kiwi	
Baby kiwi	
Organic kiwi	
COCONUTS	
Young coconut	
Whole coconut	



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POTATOES	
Cyprus potatoes	
Red desire potatoes	
New potatoes	
Jersey royal potatoes	
French Vitalotte potatoes	
King Edward potatoes	
White wash potatoes	
Jacket potatoes	
Maris pipe potatoes	
Organic potatoes	
Orange flesh sweet potatoes	
Purple flesh sweet potatoes	
White flesh sweet potatoes	
Organic sweet potatoes	
Cassava	
Yam	
CARROTS	
Orange carrot	
Baby carrot	
Bunch carrot 850g	
French purple carrot	
White carrot	
Organic carrot	
Mix baby carrot	
Parsnip	
Fennel	
Organic fennel	
SWEET CORN	
Sweet corn	
Baby corn	
LETTUCE	
Cos lettuce 370g	
Growing lettuce 300g	



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Round lettuce 115g	
Organic lettuce 240g	
COURGETTE	
Green courgette	
Courgette flower	
Baby courgette	
White courgette	
Round courgette	
Yellow courgette	
Organic courgette	
Italian courgette	
Marrow	
BEETROOT	
Loose beetroot	
Candy beetroot	
Golden beetroot	
Cooked beetroot 250g	
Organic cooked beetroot 250g	
Bunch beetroot	
Organic beetroot	
CABBAGE	
White cabbage	
Organic white cabbage	
Red cabbage	
Organic red cabbage	
English cabbage	
Hispi cabbage	
Chinese cabbage	
Savoy cabbage	
Jordan cabbage	
Spring green	
Pointed cabbage	
Pak choi 200g	
Brussel sprouts	



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PEPPER	
Red cup bell pepper	
Yellow cup bell pepper	
Green cup bell pepper	
Orange cup bell pepper	
Sweet long red pepper	
Organic sweet long pepper	
Organic red cup bell pepper	
AUBERGINES	
Italian aubergine	
Baby aubergine	
Aubergine	
White aubergine	
Stripe aubergine	
Organic aubergine	
Long aubergine	
INDIAN VEGETABLES	
Dudhi	
Karella	
SALADS	
Kale 150g	
Organic kale	
Cavolo nero 150g	
Organic cavolo nero 150g	
Red kale	
Swiss chard 330g	
Rainbow chard 200g	
Spinach 175g	
Baby spinach 200g	
Organic baby spinach	
Mixed salad 200g	
Organic mixed salad 200g	
Rocket 100g	



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Mixed leaf salad 100g	
Corn salad 100g	
Mixed leaf lettuce 200g	
Radicchio	
Chicory	
Pink chicory	
Pea shoots 100g	
Bean sprouts 250g	
Micro herbs	
RADISH	
Radish bunch	
Organic radish	
Long radish bunch	
Mooli	
Black radish	
BEANS	
Okra	
Broad beans	
Flat beans	
Extra fine beans	
Green beans	
Yellow beans	
Mange tout	
Sugar snap	
Peas	
Runner beans	
Borlotti beans	
BERRIES	
Gooseberry	
Blackberry 125g	
Strawberry	
Organic strawberry	
Raspberry 125g	
Organic raspberry	



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Blueberry 125g	
Organic blueberry	
Blackcurrant	
Redcurrant 125g	
Kiwiberry	
Wildberry	
Cranberry	
Mulberry	
Wild strawberry	
ASPARAGUS	
Peruvian asparagus 275g	
English asparagus	
White asparagus	
Organic English asparagus	
CELERY	
Leaf celery	
Celery stick	
Organic celery stick	
Celeriac	
Organic celeriac	
TURNIP	
French Turnip	
Bunch Turnip	
Loose Turnip	
Sweede	
Kohlrabi	
Black Turnip	
CRESS	
Mustard cress	
Watercress 140g	
Kale cress	
Radish cress	
Leek cress	



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BROCCOLI	
Broccoli	
Tender stem broccoli 250g	
Purple broccoli	
Romanesco	
Organic broccoli	
Cauliflower	
Organic cauliflower	
MUSHROOMS	
Mixed dried mushrooms	
Dried porcini	
Dried shiitake mushrooms	
Flat mushrooms	
Button mushrooms	
Oyster mushrooms	
King oyster mushrooms	
Shiitake mushrooms	
Chestnut mushrooms	
Portobello mushrooms	
Girolle mushrooms	
White beach mushrooms 150g	
Brown beach mushrooms 150g	
Organic white button mushrooms 250g	
Organic chestnut mushrooms 250g	
ORGANIC SPROUTS	
Mix sprouts 160g	
Sunflower sprouts 100g	
Broccoli sprouts 100g	
Radish sprouts 100g	
Alfalfa sprouts 100g	
CHILLIES	
Padron pepper	



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Jalapeno	
Red cayenne chilli	
Green cayenne chilli	
Mix pre-pack chilli 140g	
EXOTIC FRUITS	
Star fruit	
Pomegranate	
Mangosteen	
Kumquat	
Passion fruit	
Tamarillo	
Tomatillo	
Feijoa	
Rambutan	
Granadilla	
Custard apple	
Dragon fruit	
Cherry	
Lychee	
Guava	
Thia Guava	
Sharon fruit	
Kaki	
Prickly pear	
Kiwano	
Physalis	
Black fig	
Green fig	
Jack fruit	
Snake fruit	
Soursop	
Sweetsop	
Lulo	
Pitahaya	
Cacao fruit	
Carob	



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Longan fruit	
Guava apple	
EGGS	
Goose eggs	
Duck eggs	
Organic free range eggs	
Large free range eggs	
Regular free range eggs	
Quail eggs	
GAMA	
Pickled jalapeno 720g	
Hot pickled jalapeno 720g	
Sun dried tomato 330g	
Cornichons 350g	
Vine leaves 670g	
Cabbage leaves 670g	
Roasted red pepper 680g	
Pepper paste 700g	
Pickled hot pepper large 720g	
Roasted aubergine salad 510g	
Mixed pickled vegetable 670g	
Hot avjar sauce 300ml	
Pomegranate sauce 250ml	
Dry prunes 250g	
Dry pitted prune 250g	
Almond flakes 150g	
Ground almond 150g	
Plain Turkish delight 300g	
Rose Turkish delight 300g	
Pistachio Turkish delight 300g	
Mini mix Turkish delight 300g	
Saffron small	
Saffron medium	
Saffron large	



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Roasted maize	
Infinity	
Organic spelt flakes 500g	
Organic rolled oat flakes 500g	
Organic rye flakes 500g	
Organic barley flakes 500g	
Organic rolled oat flakes 1KG	
Organic jumbo oat flakes 1 KG	
Organic bran flakes 500g	
Organic jumbo oat flakes 500g	
Organic quinoa flakes 500g	
Organic brown rice flakes 450g	
Organic millet flakes 500g	
Organic wheat flakes 500g	
Organic deluxe muesli 500g	
Organic vitality muesli 500g	
Organic fruit fibre muesli 325g	
Organic cranberry and pecan muesli 500g	
Organic brown lentils 500g	
Organic red spelt lentils 500g	
Organic green lentils 500g	
Organic French lentils 500g	
Organic beluga lentils 500g	
Organic hulled sesame seeds 250g	
Black sesame seeds 250g	
Organic buckwheat groats 500g	
Organic kasha roasted buckwheat 500g	
Organic buckwheat flakes 500g	
Organic super muesli 500g	
Organic desiccated coconut 250g	
Organic white cous cous 450g	
Organic whole meal cous cous 450g	
Organic millet 500g	
Organic fregola 400g	
Organic golden linseed 450g	
Organic amaranth seed 500g	



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Chia seeds 250g	
Organic chia seeds 250g	
Organic alfalfa seed 250g	
Organic brown teff grain 500g	
Organic black quinoa grain 450g	
Organic quinoa grain 450g	
Organic tricolour grain 450g	
Organic red quinoa grain 450g	
Organic bulghur 500g	
Organic wild rice 250g	
White pudding rice 500g	
Risotto rice mix 500g	
Black rice 500g	
Brown jasmine rice 500g	
Organic brown large grain rice 500g	
White basmati rice 500g	
Organic white jasmine rice 500g	
Organic brown rice short grain 500g	
Organic wild rice mix 500g	
Organic Camargue red rice 500g	
Organic brown basmati rice 500g	
Organic popping corn 500g	
Organic spelt grain 500g	
Organic brown basmati rice 1KG	
Chick pea flour gluten free 500g	
Buckwheat flour gluten free 500g	
Brown rice flour gluten free 500g	
Coconut flour gluten free 500g	
Organic vegan mayonnaise 325g	
Organic Rye grain 500g	
Organic Soya beans 500g	
Organic Spelt grain 500g	
Organic Wheat grain 500g	
Organic Hemp seed 250g	
Organic Pot barley 500g	
Organic Aduki beans 500g	
Organic Oat groats 500g	



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Organic Cannellini beans 500g	
Organic Butter beans 500g	
Organic Haricot beans 500g	
Organic Red kidney beans 500g	
Organic Soya beans 500g	
Organic pinto beans	
Organic green split peas 500g	
Organic chickpeas 500g	
Organic mung beans 500g	
Organic ground almonds 250g	
Organic flaked almonds 2500g	
Organic pumpkin seeds 500g	
Organic almonds 500g	
Organic sunflower seeds 250g	
Organic sour cherries 250g	
Organic almonds 250g	
Organic energy mix 250g	
Pitted prunes 250g	
Goji berries 125g	
Macadamia 125g	
Organic macadamia nuts 250g	
Organic macadamia nuts 125g	
Organic pine kernels 125g	
Organic crystallised ginger 250g	
Organic hazel nuts 250g	
Organic peanuts 250g	
Organic goji berries 250g	
Organic brazil nuts 250g	
Organic whole cashew nuts 250g	
Organic fruit and nut 250g	
Organic pitted prunes 250g	
Organic hazelnuts 250g	
Sunflower seeds 250g	
Organic sultanas 250g	
Organic coconut chips 250g	
Raw pistachio kernels 250g	



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MITSIDES	
Cut vermicellini pasta from Cyprus 500g	
LIZI'S	
Granola whole grain 500g	
Gluten free granola 500g	
Low sugar granola 500g	
RUDE HEALTH	
Organic fruity date porridge 500g	
The ultimate organic granola 500g	
Organic Oat drink 1L	
ORGANIC AMISA	
Spelt crispy muesli 500g	
Spelt Crunchy muesli 375g	
Crispy flakes 250g	
Chestnut flour 350g	
Rice penne gluten free whole grain 500g	
Organic white Italian pasta 500g	
Buckwheat fusilli 500g	
Gluten free rice and corn crisp bread 150g	
Polenta pronta 375g	
SUGARS	
Fair trade raw cone unrefined sugar 500g	
Xylitol sugar 250g	
CYPRESSA	
Garlic antipasti 280g	
Artichoke antipasti 280g	
Green pitted olives large 860g	



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Green pitted olives small 340g	
Green stuffed olives 340g	
Green olives 340g	
Kalamata olives 660g	
Black olives large 860g	
Black olives small 340g	
Organic tahini 300g	
Brown tahini 300g	
Tahini 300g	
Organic extra virgin olive oil 250ml	
Extra virgin olive oil 250ml	
Extra virgin olive oil 500ml	
Karpea olive oil 500ml	
Karpea olive oil 1L	
Extra virgin olive oil 3L	
Extra virgin olive oil 5L	
Pistachio nut 200g	
Broad beans 150g	
Nut fruit mix 170g	
Peanut 300g	
Roasted peanut 200g	
Cashew nut 200g	
Roasted cashew nut 200g	
Almond 200g	
Roasted almond 200g	
Halkidiki olive(sun dried tomatoes and rosemary) 220g	
Halkidiki Mediterranean olive(greek feta and herbs)220g	
Halkidiki spicy olive(green jalapeno and red chilli) 220g	
Sesame Halva with cocoa 250g	
Sesame halva with almonds 250g	
Sesame halva traditional flavour 250g	
Capers, 270g	
GRAIN FREE GRANOLA	
Honey and pecan 340g	
Berry and almond 340g	



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LANKA TEA	
Deluxe quality 40g	
Flowery earl grey 40g	
Green tea rose petal 40g	
Hampstead tea London	
Divine earl grey organic black tea 40g	
Raspberry 40g	
Organic black tea selection 40g	
YOGI TEA	
Green energy 30.6g	
Green tea matcha lemon 30.6g	
Relax 30.6g	
Green tea 30.6g	
Cranberry Hibiscus 30.6g	
Ginger orange 30.6g	
Green balance 30.6g	
Green energy 30.6g	
Rose 30.6g	
FOCO	
Coconut water 500ml	
PROVAMEL	
Organic oat hafer unsweetened 1L	
Organic rice coconut milk 1L	
TEA PIGS	
Red bush, Honeybush and rooisbus 37.5g	
Silver tips white tea 37.5g	
Fennel and liquorice 37.5g	
Superfruit 37.5g	
UFC 100% COCONUT WATER	
500ml	
1L	



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WHAT A MELON	
Watermelon water 330ml	
FOCO	
100% Natural coconut water 500ml	
BAKING CUPS	
Large, 60	
FOX'S SPICES CHIPOTLE CHILLIES	
Smoked Mexican red jalapeno chillies 50g	
SUPERFOODS	
Goji berries 150g	
Macca powder 100g	
EXPLORE ASIAN	
Organic edamame spaghetti	
PULSIN	
Pea protein 250g	
EAST ASIA	
Organic black beans spaghetti 200g	
HODEMODS	
Great british beans 500g	
Gluten free NUTRI-BREX 375g	
HAMBLEDEN SPICES	
Rock salt 120g	
Whole cloves 30g	
CHI ORGANIC	
100% raw organic coco water 250ml	
100% dairy free coconut milk 1L	
HATTON HILL ORGANIC	



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Organic paprika 50g	
Juniper berries 30g	
Garam masala 45g	
Sun dried tomatoes 125g	
French tarragon 10g	
Oregano 12g	
Smoked paprika 40g	
Cayenne pepper 50g	
Ground sumac 75g	
Cinnamon sticks 23g	
Ground cinnamon 45g	
Sage 17g	
Whole nutmeg 30g	
Ground nutmeg 40g	
Whole cloves 25g	
Ground cloves 40g	
Green cardamom pods 25g	
Ground cardamom 40g	
Chilli powder 50g	
Cumin seeds 50g	
Ground cumin 45g	
Caraway seeds 50g	
Ground all spice 30g	
Herbs de provence 15g	
Black peppercorns 45g	
White pepper corns 45g	
Course ground black pepper 40g	
Ground black pepper 50g	
Curry powder 50g	
Vanilla pod	
Organic ground turmeric 50g	
Crushed chilli flakes 30g	
Garlic granules 50g	
Fennel seeds 40g	
Star anise 15g	
Bay leaves 5g	
Yellow mustard leaves 65g	



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Yellow mustard powder 60g	
Black mustard powder 65g	
Fenugreek seeds 65g	
Ground ginger 40g	
Basil 13g	
Sesame seeds 50g	
Marjoram 8g	
Chinese 5 spice 40g	
Blue poppy seeds 60g	
Rosemary 25g	
Mint 17g	
Coriander leaves 10g	
Ground ginger 40g	
Corriander seeds 30g	
Curry leaves 30g	
Nigella seeds 50g	
Thyme 20g	
Golden flax seeds and chia seeds 100g	
Mulled wine spices 50g	
DOVES FARM	
Gluten free brown rice pasta 500g	
Rice flour gluten free 1KG	
Gram flour gluten free 1KG	
White bread flour 1KG	
Self raising white flour 1KG	
Whole meal buckwheat flour 1KG	
Brown bread flour 1KG	
Organic self raising white flour 1KG	
Organic whole meal flour 1KG	
Organic Corn flakes gluten free 375g	
MR ORGANIC	
Organic basil pesto 130g	
Arrabbiata 350g	
Puttanesca 350g	
Tomato ketchup 500g	



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Mayonnaise 250ml	
Mayonnaise olive oil 250ml	
ECO MILK	
Almond milk, sugar free 1L	
Organic, sugar free almond milk 1L	
DELICE	
Rice drink 1L	
TOOTY FRUITY	
Chilli crackers 100g	
Japanese rice crackers 100g	
Absolutely beany 100g	
VIVANI	
Organic dark almonds 100g	
Organic Cappuccino 100g	
Organic dark marzipan amaretto 100g	
Feine bitter, organic dark chocolate 75% cacao 100g	
THE RAW CHOCOLATE COMPANY	
Cranberry and buckwheat 70g	
Organic vanoffe dark raw chocolate 22g	
Organic raw chocolate mulberry and hemp seed	
DIVINE	
Fairtrade, milk chocolate toffee, sea salt 100g	
GO*DO	
70% Dark chocolate 85g	
Milk latte 85g	
MARIGOLD	
Swiss vegetable, vegan bouillon powder, 500g	
Swiss vegetable, vegan bouillon powder, organic gluten free with less salt 140g	



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Swiss vegetable, vegan bouillon powder, organic gluten free 140g	
Swiss vegetable, vegan bouillon, cubes, gluten free 8 cubes	
Pomegranate molasses 250ml	
Vegan rose water 250ml	
THE KETTLE SHED	
The kettle shed fogg nog (15 tea bags)	
BIONA ORGANIC	
Spelt pasta 250g	
Organic Thai rice noodles(wheat and gluten free) 250g	
Millet and brown rice noodles 250g	
Spaghetti spelt 500g	
Italian white pasta 500g	
Italian white spaghetti 500g	
Italian tri colour pasta 500g	
Italian whole grain pasta 500g	
Spelt penne 500g	
Granola pure oaty 375g	
Granola honey hazelnut 375g	
Granola wild berry crisp 375g	
Amaranth wild berry muesli 500g	
Amaranth pops 100g	
Organic brown Linseed 500g	
Coconut palm sugar 250g	
Italian rice 500g	
Polenta bramata 500g	
Lentils vert in water 400g	
Beluga lentils in water 400g	
Green Lentils in water 400g	
Chopped and peeled tomatoes 400g	
Whole plum peeled tomatoes 400g	
Whole cherry tomatoes 400g	
Chopped peeled tomatoes with basil 400g	
Passata basilica 680g	
Passata rustica 680g	



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Passata fina 680g	
Organic pear and apple spread with no added sugar 450g	
Organic Agave sugar 250g	
Organic apple puree with no added sugar 700g	
Organic apple puree with no added sugar 360g	
Organic apple puree with sugar 360g	
Apple banana puree 360g	
Apple mango puree 360g	
Black beans in water 400g	
Chickpeas in water 400g	
Chilli beans in water 400g	
Pinto beans in water 400g	
Butter beans in water 400g	
Aduki beans in water 400g	
Haricot beans in water 400g	
Red kidney beans in water 400g	
Baked beans 400g	
Cannellini beans 400g	
Mixed beans 400g	
Black eye beans 400g	
Flageolet beans 350g	
Organic Sauerkraut 335g	
Organic sweet corn 350g	
Organic natural tofu 360g	
Coconut milk 400g	
light coconut milk 400g	
Horseradish mustard 125g	
Mustard Dijon 200g	
Asparagus cream 120g	
Red pesto sun dried tomato 120g	
Green pesto with pine kernels 120g	
Artichoke cream 180g	
Harrisa chilli sauce 125g	
Pepperona pasta sauce with sweet pepper 350g	
Arrabbiata 350g	
Toscana pasta sauce 350g	



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Tomato puree 200g	
Organic wasabi style horseradish paste 50g	
Organic BBQ sauce 250ml	
Sweet chilli sauce 250ml	
Worcester sauce 140ml	
Glaze 150ml	
Organic raw coconut vinegar 250ml	
Organic balsamic vinegar 500ml	
Organic cider vinegar with the mother 500ml	
Organic cider vinegar with the mother 750ml	
Organic mild coconut oil cuisine 610ml	
Coconut virgin oil raw 800g	
Coconut virgin oil raw 400g	
Coconut virgin oil raw 200g	
Organic hemp seed oil 250ml	
Organic flax seed oil 250ml	
Organic dark chocolate spread 350g	
Organic milk chocolate 350g	
Organic carob and hazel spread 340g	
Organic date syrup 250ml	
Organic cranberry syrup 250ml	
Organic apple syrup 250ml	
Brown rice syrup 20ml	
Agave dark syrup 250ml	
Agave light syrup 250ml	
Agave light syrup 500ml	
Buckwheat whole grain bread 250g	
Rye bread 500g	
Organic quinoa crisp bread gluten free 100g	
Organic Stem ginger in syrup 330g	
TRUFFLE OIL	
White truffle oil 100ml	
Black truffle oil 100ml	
Black truffle balsamic 55ml	
PRO FUSION	



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Himalayan rose pink crystal salt coarse 500g	
Organic protein snack with hemp seed	
A.VOGEL	
Herbamare original 250g	
VITA COCO 100% NATURAL COCONUT WATER	
1L	
330ml	
Coconut oil 250ml	
ALOE VERA DRINK	
1.5L	
500ML	
GREEN AND BLACKS	
Organic cocoa 125g	
BREAD STICKS	
Organic spelt grissini 120g	
Sesame grissini 120g	
Clear spring	
Organic quick cook long grain basmati rice including 5 different grains 250g	
Organic Sushi rice 500g	
Organic japan oolong tea 40g	
Mint green tea 40g	
Instant Miso soup with sea vegetables 40g	
Organic instant miso soup with sea vegetables 40g	
Instant miso soup mellow white with tofu 40g	
Organic Instant miso soup with brown rice pasta	
Traditional sea salt 250g	
Organic broad beans 350g	
Organic Garden peas 350g	
Organic red cabbage 355g	
Organic Japanese umeboshi 200g	
Organic Japanese umeboshi paste 150g	



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Organic teriyaki 150ml	
Organic soya sauce 150ml	
Organic Japanese brown rice vinegar 150ml	
Organic white wine vinegar 500ml	
Organic red wine vinegar 500ml	
Organic avocado oil 250ml	
Organic rapeseed oil 250ml	
Organic hazelnut oil 250ml	
Organic 78% flax oil blend 250ml	
Organic toasted pumpkin seed oil 250ml	
Organic walnut oil 250ml	
Organic sesame oil 500ml	
Organic safflower oil 500ml	
Organic soya oil 500ml	
ASPALL ORGANIC	
Cider vinegar 350ml	
REAL NATURAL FOODS COMPANY	
SPICY TOMATO CHUTNEY 320G	
MANGO CHUTNEY 320G	
SOJADE	
Natural dairy free organic soya drink 1L	
MONEGASQUE	
Anchovy fillets in olive oil 200g	
EMILE NOEL	
Organic flax virgin oil 250ml	
TERRASANA	
Gherkin 670g	
Chucrut 680g	
Sauerkraut 680g	
JAMES WHITE	



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ORGANIC BEETROOT 1L	
ORGANIC APPLE JUICE 1L	
ORGANIC CARROT JUICE 1L	
ORGANIC TOMATO JUICE 1L	
ORGANIC PEAR JUICE 1L	
ORGANIC VEEGTABLE JUICE 1L	
CARLEY'S	
ORGANIC PRESERVED LEMONS 700G	
Organic English mustard	
Organic raw mixed seed butter 250g	
SIMPLY DELICIOUS	
Organic Tartar sauce 180ml	
Organic seafood sauce 180ml	
Organic horseradish sauce 180ml	
HONEY'S	
Organic clover honey 340g	
Organic forest honey 340g	
Organic forest honey 340g	
Rowse organic honey 340g	
Organic maple syrup 250ml	
GFM Organic bee pollen 110g	
Organic manuka 10+ honey 230g	
GEO ORGANIC	
Thai red curry paste 180g	
Thai green curry paste 180g	
WILKIN AND SONS LTD	
Organic onion radish 210g	
SINGLE ESTATE	
First cold pressed extra virgin olive oil 750ml	
THE LESBIAN DONKEY	



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Extra virgin olive oil 500ML	
Extra virgin olive oil 1L	
NATURAL WORLD	
Pistachio butter smooth/crunchy 170g	
Macadamia butter smooth/crunchy 170g	
Pecan butter crunchy/smooth 170g	
Hazelnut butter smooth/crunchy 170g	
Almond and coconut spread smooth 170g	
Almond crunchy/smooth 170g	
Brazil nut crunchy/smooth 170g	
Pumpkin seed butter smooth/crunchy 170g	
Cashew butter crunchy/smooth 170g	
Hazelnut and carob smooth/crunchy 170g	
Pecan butter smooth/crunchy 170g	
Sesame and dates spread smooth 170g	
Pecan and figs crunchy smooth 170g	
SOUTHWEST GARLIC FARM	
Black garlic sugar 300g	
Black garlic 1 bulb	
Black garlic sea salt 75g	
ESSENTIAL ORGANIC	
Mango chunks 400g	
Pineapple pieces 400g	
PIP AND NUT	
Almond butter 250g	
Cashew butter 250g	
Cashew butter with Honey cinnamon 250g	
MERIDIAN	
Organic smooth/crunchy peanut butter 280g	
Organic smooth/crunchy cashew butter 280g	